

FACULTY PROFILE

Name : Ms. Mohana Priya S

Qualification: BSc, MSc Counselling Psychology

Designation. : Assistant Professor

Experience : 8 months

Email ID : mp527169@gmail.com

Area of

specialization : Psychotherapies

1) Paper presentation:

Presented a paper and Awarded as Best Paper entitled 'Impact of Internet Addiction on Quality of Sleep among Adolescent'.

2) Conference/workshop/seminar/webinar:

Attended more than 10 International and National Conferences.

Attended Workshop on the topics as follows 'Acceptance and Commitment Therapy and Dialectical Behaviour Therapy', 'Mindfulness Based Symptom Management', 'Human Resource practices', 'Learning Disability', 'Developmental Disorders', 'Marital Therapy', 'Introduction to Couples Therapy', and 'Case Conference'

3) Training and Development programs conducted:

- a. Conducted a training and development program for Chennai Metro Rail Limited employees on the topic 'Stress management'
- b. Conducted a training and development program for Redact Infotel Private Limited employees on the topics- Team work, Time Management and Communication.

4) Professional Experiences:

- Directorate Of Social Defence 09/21 - 10/21
- Intern
 - Evaluated certain behaviours and personalities by Assessments using standardized test.
 - Provided Individual and group therapies by formulating intervention plans.
 - Conducted various skills developing programs, personality enriching programs to the juveniles.
- Directorate of Medical and Rural Health 09/21
- Intern
 - Provided Tele-Counselling to NEET aspirants
 - Career counseling and guidance were given when needed.
 - Counselling were also given to the parents who showed Aunthoritarian parenting style.
- Institute of Mental Health 02/21
- Intern
 - Observed various psychological disorders patients.
 - Case studies were taken.
 - Maintained case report of observed patients were demonstrated.
 - Various assessments were assessed to the patients.
- Directorate of Social Defence - Government Children's Home For Girls 03/21
- Intern
 - Personality enrichment programs conducted.

- Assessment were taken to evaluate their certain behaviours by using standardized tools.
- Individual and group therapies were conducted by formulating Intervention programs.
- Crisis Interventions were specifically involved to regulate emotional self-regulation.
- Sristi Special School 11/21 - 01/23
- Intern
 - Observed the students behaviour, motor activities, speaking abilities and their specific difficulties.
 - Assistant the students with proper guidance by tutoring their learnings into small steps.

5) Certifications:

Certified Art Therapy practitioner.

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