

WOMEN'S CELL

One Day workshop on Embroidery & Aari Work - 9th May 2022

One Day workshop on Embroidery & Aari Work conducted on 9th May 2022. Resource Person was Mrs. R.Beulah, Fashion designer, Eva Fashion Design Institute, Periyar Nagar, Chennai.

Women's Cell & ED cell jointly organized One Day Workshop on Embroidery& Aari on 9th May 2022. Around 200 students of various discipline participated in the workshop.

Mrs. R. Beulah, Fashion Designer, from Eva Fashion Design Institute was the resource person.

Students were taught the aari embroidery design work and usage of beads, various aari stitches and needles. The workshop gave a very good exposure for the students to do their own ornamentation for their garments and kindled their interest.







Awareness Programme on Women's Health and Hygiene - 5th May 2022

Awareness Programme on Women's Health and Hygiene conducted on 5th May 2022. Resource Person was Dr. Firoze Ajaz M.B.B.S., M.D., D.G.O, Senior Consultant &Gynaecologist, Kamal Clinic

Menstruation is a very important natural body process among women which cannot be avoided. It is a distinct step into womanhood for the adolescent girls. Therefore it is essential for every one of them to have awareness about menstrual hygiene.

In this regard, the Women's Cell has organized an awareness programme on Women's Health &Hygiene for the final year students on 5th May 2022.

Dr.Firoze Ajaz, Senior Consultant & Gynaecologist from Kamal Clinic oriented the students on good menstrual hygienic practices such as the use of good sanitary napkins; washing and cleaning, how to dispose sanitary napkins, followed by precautions to be taken during the period and dietary habits, so, as to enable them to lead a healthy reproductive life in future.







Webinar on Gender Justice and Strategy for Women Empowerment- 31st December 2021

Women's cell has organized a Webinar on Gender Justice and Strategy for Women Empowerment on 31st December 2021 through Google meet. Ms.N.Lalitha, Advocate, Madras High Court was invited as the resource person. In the webinar, the resource person has emphasized on the women empowerment, as it is now limited to give women the freedom to vote, study, and work and become self-sufficient. While gender equality is often taken for considering women equal to men and providing them with the same rights as men.